

Safe and Secure

Personal Safety

Look after yourself and stay safe

The fear of crime is far greater than the actual threat and the chances of suffering an attack are very small.

Here are some simple, common sense things that you can do to reduce your risks.

- Be aware of the people around you and your surroundings. If you feel insecure, go to a busy place.
- Carry bags close to your body and hold where the strap joins the bag.
- Be aware at cash machines - look behind you before taking your money out.
- Carry a personal attack alarm and keep it in your hand.
- Park in busy, well-lit areas. Have your keys ready when you return to your vehicle.
- On buses, sit near the driver or other passengers. Sit on the aisle seat if you can.
- Book taxis in advance and obtain the driver's name and call sign.
- Have your door keys ready as you get home so you can get indoors quickly.



For help or advice, or if you have any information about a crime, please contact
LTHT Security on 68246.

To report a crime call the
**Police on 101 or
Crimestoppers on
0800 555 111.**

**In an emergency
always call 999.**