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| **Supervisor name:**  | **Date:**  |

**University requirements:**

If they are not already an approved UofL supervisor have they read through the list of things they need to do and are they happy to meet all the requirements and fill in all the forms and supply all the documents required.

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| **Questions** | **Answers** |
| **General** |
| * What motivated you to become a Counsellor/Supervisor?
* How will you challenge me in order for me to develop my practice?
* How will you provide feedback to me?
* How would you like me to provide feedback to you?
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| **Modality** |
| * What theory do you practice?
* What is your speciality (Find someone who practices from a theory that interests you.  Although learning about other theories is helpful, to stay motivated and inspired you want to really hone in on your passion and work that excites you as therapist).
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| **Their process** |
| * What is your philosophy of supervision?
* How would your supervisees describe your approach to supervision?
* How do you work with "Self of the Therapist" issues? Do you review videotaped sessions or just discuss notes? Will you provide additional resources to enhance the experience?
* Do you provide case consultation or "Self of the Therapist" supervision?
* Will there be homework?
* What is your structure for providing supervision? Do you like to meet at the same time every week or does it vary?  Do you meet with supervisees weekly or on a flexible schedule?
* Is support available at short notice e.g. in a crisis or issue needing immediate debrief?
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| **Their experience** |
| * What type of settings have you worked in?  (If the supervisor's experience is heavily weighted towards agency work and you are interested in private practice, there might be a disconnect).
* Do you have any areas of special interest or specialism
* What is your training/level of qualification/education/ professional membership?
* How many people have you supervised?
* How long have you been providing supervision
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| **Cost/discounts** |
| * Price, like everything else in life, is negotiable so don’t be afraid to ask for a lower hourly rate or a flexible fee structure.
* Cancellation policy, planned breaks etc
* Any additional costs for report writing, applying to supervisor network etc
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